

Youth Behavioral Risk Factor by Special Populations for Montana							
Behavioral Risk Factor	High School	HS Male	HS Female	Grades 7-8	American Indian Students on Reservations	American Indian Students in Urban Schools	Data Source/ Definition
<b>Substance Use and Abuse</b>							
Tobacco use (current)	18.7	17.7	19.8	9.7	44.1	33.6	Reported smoking cigarettes on at least one of the past 30 days
Tobacco Use (current & frequent)	7.9	8.4	7.5	2.4	16.0	10.8	Reported smoking cigarettes on 20 or more of the past 30 days
Tobacco Use (smokeless)	14.6	24.1	4.3	6.2	22.7	18.0	Reported using chewing tobacco, snuff, or dip on at least one of the past 30 days
Binge drinking	30.1	30.2	30.0	11.2	38.3	34.6	Reported having five or more drinks of alcohol in a row on at least one of the past 30 days
Current Alcohol Use	42.8	42.9	42.8	20.1	45.9	46.5	Reported having at least one drink of alcohol on at least one of the past 30 days
Marijuana Use	23.1	23.7	22.5	9.0	41.5	28.6	Reported using marijuana one or more times during the past 30 days
Inhalant Use	14.2	12.8	15.7	13.2	29.2	22.0	Reported sniffing glue, aerosol cans, or paint to get high one or more times during their life
Injected Drug Use	3.7	4.6	2.8	<i>Data not available</i>	3.3	3.8	Reported using a needle to inject any illegal drug into their body one or more times during their life
<b>Lifestyle</b>							
Five or more servings of fruits and vegetables	18.4	19.0	17.5	<i>Data not available</i>	<i>Data not available</i>	<i>Data not available</i>	Reported 5 or more servings of fruit or vegetable per day in the past 7 days
Two or more Servings of Fruit	27.4	27.6	27.1	21.9	15.9	17.8	Reported 2 or more servings of fruit per day in the past 7 days
Met Recommended levels of Physical Activity	46.0	52.4	39.4	56.3	41.9	46.1	Reported being physically active for a total of 60 minutes per day on five or more of the last 7 days
Overweight	11.9	14.3	9.4	<i>Data not available</i>	<i>Data not available</i>	<i>Data not available</i>	At or above 85 <sup>th</sup> percentile but below the 95 <sup>th</sup> percentile for BMI by age and sex. BMI is calculated from self-reported weight and height
Obesity	10.4	13.1	7.5	<i>Data not available</i>	<i>Data not available</i>	<i>Data not available</i>	At or above 95 <sup>th</sup> percentile for BMI by age and sex. BMI is calculated from self-reported weight and height

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<b>Injury Prevention</b>							
Seatbelt use (rider)	13.1	15.5	10.5	9.6	21.9	19.8	Reported never or rarely wearing a seatbelt when riding in a car
Seatbelt use (driver)	13.9	16.8	10.6	22.6	29.9	23.1	Reported never or rarely wearing a seatbelt when riding in a car
Bicycle Helmet Use	82.7	83.7	81.5	75.9	93.1	91.9	Among those who rode a bicycle during the past 12 months, reported never or rarely wearing a helmet when riding a bicycle.
<b>Sexual Behavior</b>							
Four or more Sexual Partners	16.0	17.3	14.7	4.4	29.8	20.8	Reported having sexual intercourse with four or more people during their life
Currently Sexually Active	32.2	30.8	33.6	8.6	47.8	38.6	Reported having sexual intercourse with at least one person during the past 3 months
Condom Use	67.5	77.3	58.4	64.9	57.6	63.8	Among currently sexually active students reported that either they or their partner had used a condom during their last sexual intercourse.
Birth Control Pill Use	27.4	19.8	34.4	<i>Data not available</i>	8.2	15.6	Among currently sexually active students reported that either they or their partner had used birth control pills before their last sexual intercourse.